

Chambersbury Primary School



Chambersbury Primary School- PE- Vocabulary progression map

Strand	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Fundamentals	run, jump, hop, skip, balance, forwards, backwards, sideways	balance, bend, control, direction, safely	sprint, aim, landing, height, distance	agility, co-ordination, stamina, stride	pace, transfer of weight, accelerate	momentum, dominant, consistent	explosive, phase, rhythm, maximum
Ball Skills	roll, throw, catch, bounce, dribble, kick, target	underarm, track, ready position, swing	receive, collect, release, accuracy	possession, opponent, block, intercept	pressure, create space, maintain possession	ball carrier, rebound, delay, gain possession	barrier, draw defender, transition
Invasion Games	score, partner, space	score, teamwork	strategy, communicate	tactic, defend, attack	referee, official, deny space	tournament, drive, support	officiate, strategy, analyse
Net & Wall	stop, safely	throw, control	prepare, observe	rally, placement	consistency, react	serve, underarm clear, overhead	grip, recover, stance
Striking & Fielding	points, target	overarm, underarm	distance, accuracy	technique, power	record, measure	changeover, field event	release, pattern
Gymnastics	balance, freeze, space	control, copy	performance, mirroring	sequence, control	inverted, partner balance	compositional, transition	evaluate, refine
Dance	move, stop, partner	action, beat, counts, direction	dynamics, expression, unison, timing	formation, rhythm	narrative, perform	stylistic, precision	choreograph, critique
Athletics	run, jump, throw	hop, leap, target	sprint, take off, landing	baton, relay, personal best	official, pace, measure	javelin, shot put, field event	explosive, maximum, phase
OAA	follow rules, safe, share	teamwork, challenge	plan, reflect	navigation, decision	leadership, strategy	negotiation, responsibility	resilience, evaluate
Evaluation & Leadership	reflection	reflection	observe, feedback	select & apply	identify strengths	officiate, observation	analyse, identify development, sportsmanship