

CHAMBERS BURY NEWS

WWW.CHAMBERSBURY.HERTS.SCH.UK



Working together to become change makers

18th October 2024

This week, in consultation with the House Captains, we have been investigating how we can increase participation in PE lessons. One element that can make pupils feel uncomfortable is changing in front of one another and whilst, of course, pupils are given as much privacy as reasonable this can still present a barrier to accessing PE. We are also aware of the amount of lost lesson time getting changed can have especially when items of uniform go missing. Therefore, with much consideration and weighing up the pros and cons, we have made the decision that, after half term, pupils are to wear their PE kit to school on the days that they have PE. Our expectation that pupils dress smartly for PE has not changed. They should wear:

- Red school sweatshirt, white PE shirt, black shorts (not cycling shorts or similar) and trainers.
- In winter, children may wear smart, black tracksuit trousers.

ATTENDANCE 2024-2025—WHOLE YEAR

Nur	Rec	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Whole
66.7%	95%	91.9%	96.3%	95.4%	93.8%	95%	87.9%	93.3%

<https://www.chambersbury.herts.sch.uk/attendance/>

School Trip!

This week our Nursery and Reception pupils went on the first school trip of the academic year. They visited the wonderful Willows Farm in St Albans where they got to meet Peter Rabbit, went for a ride on Tristan the Tractor, fed the goats and donkeys, had a lesson in riding their own tractors, saw a Peter Rabbit outdoor show, cheered in the sheep race, played in the Peter Rabbit playground and they got to go on a big blue coach! What a fun packed day!

It's only with your support that we are able to enrich and enhance our curriculum with these unmissable opportunities for our pupils, so I would like to say a big thank you to everyone that contributed to the cost, made overpayments and to those parent helpers that attended.



Climbing Frame/Trim trail

Our pupils very much enjoy playing on the climbing frame/trim trail during playtimes and lunchtimes. During these times the areas are supervised by school staff to ensure that pupils are using the equipment safely. Whilst it is heart warming that pupils love being at school so much that they want to stay after school and use the playground equipment I must ask parents to refrain from letting children on the equipment without staff supervision.

Club attendance

It is great to see so many of our pupils signed up to attend extra-curricular clubs. Data shows that extra-curricular activities give young people the confidence to interact socially with others, extend their social networks beyond existing friendship groups, and provide them with new skills and abilities. Above all, young people see extra-curricular activities as a chance to have fun and unwind. It is therefore our hope that each and every pupil that attends our school will take part in a club at some point in the year.



School Photos

Our school uniform is worn proudly by our pupils and is one of the most immediate ways in which a pupil identifies itself as being part of our school community. Pupils ensure their shoes are polished and their red sweatshirts are bright - this stands them in good stead for whichever secondary school they go onto.

On Monday 21st October they will want to make sure their uniform is looking as fabulous as ever as we have a photographer visiting to take their individual photographs.

Information will follow as to how parents can purchase these photographs, which might make for excellent presents.

P.A.T.CH

Parents And Teachers of CHambersbury



Thank you Mrs Stevens and the PATCH volunteers who have been busy collecting Halloween costumes and preparing the 'swap-shop.' We hope that by facilitating this system, we help all of our families become a little bit more sustainable - and if it saves parents a bit of money in these difficult times, even better!

As you read this newsletter the doughnut sale will be taking place on the playground - we will update you with the amount raised in the next newsletter!

Behaviour

This week we have been revisiting our school behaviour expectations and routines ensuring a consistent approach across the school. We know that in order for pupils to learn and develop well their behaviour for learning must be calm and focused.



Give a



- We respect other people and property
- We work hard together
- We listen to each other
- We keep each other safe
- We are always honest

These are
Chambersbury Primary School's
'Golden Rules'

INSET Day Reminder

We finish this half term on THURSDAY 24th OCTOBER 2024

DACORUM 'COMMUNITY CLUB' OF THE YEAR 2022



WARRIORS ABC

AFTER SCHOOL BOXING CLUB @
CHAMBERSBURY SCHOOL

LEARN BOXING TECHNIQUES
GET FIT & HEALTHY
HAVE FUN
DEVELOP DISCIPLINE & RESILIENCE
IMPROVE SELF ESTEEM & CONFIDENCE

FRIDAYS 3.15-4.15PM
START DATE: FRIDAY 8TH NOVEMBER
END DATE: FRIDAY 13TH DECEMBER

FOR MORE INFORMATION ON CLASSES EMAIL
HEMELWARRIORSABC@GMAIL.COM

TO BOOK ON TO THE CLUB PLEASE EMAIL THE
SCHOOL RECEPTION

1 The Heights, HP2 5NX
www.WarriorsABC.com
Hemelwarriorsabc@gmail.com
07896420973

HEMEL WARRIORS ABC
AFFILIATED WITH THE
NATIONAL GOVERNING BODY
'ENGLAND BOXING'



All coaches at Hemel Warriors ABC hold appropriate coaching qualifications & are registered with 'England boxing'. They are fully insured, hold up to date first aid and child protection & safeguarding qualifications and have been DBS checked.



See what we've been up to via
our social media pages:
Facebook - WarriorsABC
Instagram - Warriors_ABC



A SUPER COOL AFTER SCHOOL CLUB IS STARTING SOON AT YOUR SCHOOL!

1 hr weekly interactive science club full of exciting demonstrations and hands-on projects

Register here: <https://madsciencehb.classforkids.io>



Chambersbury Primary School

Club Day: Monday

Start Date: 04/11/24

Club Time: 3:15-4:15pm

End Date: 02/12/24

Year Groups: 1-6

Skip Dates: None

Club Cost: £55

Topics: Epic Electricity, Mighty Microscopes, Dynamic DNA, Super Structures, Mad Machines and much more...

Need to reach us?

T: 01727824700 E: info@madsciencehb.co.uk W: hertsbeds.madscience.org





Understanding my Autism/ADHD

- Open to Hertfordshire children aged 7-16
- **Post or Pre-diagnosis**
- Online or face-to-face
- Visit: thetoolbox.mindler.co.uk



Cogs APP

- Young People aged 14+
- Providing support and information on Autism and ADHD
- No diagnosis required.
- **Free access**
- To sign up, visit thetoolbox.mindler.co.uk

Digital Webinars

- On demand webinars
- Topics relating to Autism, ADHD and the SEND world
- Available on the Hertfordshire Local offer.



Toolbox Live Chat

- Receive real-time support and guidance for children and young people (CYP) with Autism or ADHD.
- Access expert advice tailored to their feelings and concerns.
- **No diagnosis** required.

The Toolbox

- Dedicated website for young people to gain support on ADHD and Autism.
- Signposting to services and interventions in Hertfordshire.
- Self-help tools and interactive livestreams available.
- Visit: thetoolbox.mindler.co.uk

Support Hub

- **No diagnosis** required to access this support.
- Available to **parents, carers, and professionals.**
- Evening appts available to book.
- **Call or WhatsApp** the team on **01727 833963**





November 2024 Newsletter

If you can't make the date or time
all paid for talks are recorded and available for 48 hours afterwards

Monday
25th Nov
19:00 - 20:00
FREE



FREE SESSION Decreasing Depression

A range of steps that can help to reduce the crippling impact of depression.

Thursday
7th Nov
19:00 - 21:00
£24



Supporting a Child with ADHD

Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
12th Nov
19:00 - 21:00
£24



Anxiety-Based School Avoidance

Understanding and supporting children who are anxious about school. Steps you can take to help them back into the classroom.

Monday
18th Nov
19:00 - 21:00
£24



Understanding Anger: Yours and Theirs!

What is anger? Why do we have it? How do we manage it in ourselves and in our children?

Thursday
21st Nov
19:00 - 21:00
£24



Supporting Healthy Screen Use

Clarifying the difference between healthy screen use and unhealthy screen use. Addressing concerns about blue light and sedentary behaviour.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk



OCT/NOV TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each

If you can't make the date or time all paid for talks are recorded and available for 48 hours afterwards

Book online at facefamilyadvice.co.uk

FREE SESSIONS	
Introduction to Facing Defiance Decreasing Depression	24 OCT 25 NOV
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Improving Family Communication	4 NOV
Anxiety-Based School Avoidance	12 NOV
Anxiety Explained	14 NOV
Understanding Anger	18 NOV
Drug Awareness for Parents	19 NOV
Supporting Healthy Screen Use	21 NOV
What is ACT?	26 NOV
Understanding Addictive Behaviour	28 NOV

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